



## What is Female Genital Mutilation (FGM)?

Female genital mutilation (FGM), also known as female circumcision or female genital cutting, is defined by the World Health Organisation (WHO) as “all procedures involving partial or total removal of the external female genitalia or other injury to the female genital organs for non-medical reasons”.

The procedure is traditionally carried out by an older woman with no medical training. Anaesthetics and antiseptic treatment are not generally used and the practice is usually carried out using basic tools such as knives, scissors, scalpels, pieces of glass and razor blades. Often iodine or a mixture of herbs is placed on the wound to tighten the vagina and stop the bleeding.

### Worried about FGM?

Call the **NSPCC FGM helpline** if you’re worried a child is at risk of, or has had, FGM. It’s free, anonymous and open 24 hours a day **0800 028 3550**.

[www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/female-genital-mutilation-fgm/](http://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/female-genital-mutilation-fgm/)

### The Halo Project

The Halo Project Charity is a national project that will support victims of honour-based violence, forced marriages and FGM by providing appropriate advice and support to victims. They also work with key partners to provide required interventions and advice necessary for the protection and safety of victims.

[www.haloproject.org.uk](http://www.haloproject.org.uk)